

PRP - Studies 2023/2024

Knee

<https://esskajournals.onlinelibrary.wiley.com/doi/10.1002/ksa.12077>

[Patients With Knee Osteoarthritis Who Receive Platelet-Rich Plasma or Bone Marrow Aspirate Concentrate Injections Have Better Outcomes Than Patients Who Receive Hyaluronic Acid: Systematic Review and Meta-analysis - PubMed \(nih.gov\)](#)

[Platelet-rich plasma is similar to platelet-rich plasma plus hyaluronic acid for the treatment of knee osteoarthritis at 2 years: a randomized controlled trial - ScienceDirect](#)

[The use of platelet-rich plasma in studies with early knee osteoarthritis versus advanced stages of the disease: a systematic review and meta-analysis of 31 randomized clinical trials - PubMed \(nih.gov\)](#)

[Diagnostics | Free Full-Text | Prognostic Factors Related to Clinical Response in 210 Knees Treated by Platelet-Rich Plasma for Osteoarthritis \(mdpi.com\)](#)

[Intra-articular-autologous-conditioned-plasma-reduces-pain-in-early-osteoarthritis-and-improves-stiffness-in-advanced-osteoarthritis-knee-a-prospective-observation.pdf \(researchgate.net\)](#)

[Microfragmented Adipose Tissue Is Equivalent to Platelet-Rich Plasma for Knee Osteoarthritis at 12 Months Posttreatment: A Randomized Controlled Trial - PubMed \(nih.gov\)](#)

[Platelet-rich plasma for nonoperative management of degenerative meniscal tears: A systematic review - ScienceDirect](#)

[Platelet-rich plasma and other injectables in the young athlete - ScienceDirect](#)

[Platelet-rich plasma augmentation in anterior cruciate ligament reconstruction: Evidence is still too scattered. A scoping review of randomised controlled trials - PubMed \(nih.gov\)](#)

Foot

[The role of corticosteroid injections in treating plantar fasciitis: A systematic review and meta-analysis - PubMed \(nih.gov\)](#)

[Safety and efficacy of intra-articular injection of platelet-rich plasma for the treatment of ankle osteoarthritis: a systematic review and meta-analysis - PubMed \(nih.gov\)](#)

[Outcomes of Platelet-Rich Plasma Infiltration and Weightbearing Cast Immobilization in Distal Tibialis Anterior Tendinopathy: A Prospective Cohort Study - PubMed \(nih.gov\)](#)

[Results of Randomized Controlled Trials of Platelet-Rich Plasma in Lower-Extremity Tendinopathy Are Not Influenced by Industry Sponsorship - PubMed \(nih.gov\)](#)

Shoulder

[Efficacy of Platelet-Rich Plasma Injection on Range of Motion, Pain, and Disability in Patients With Adhesive Capsulitis: A Systematic Review and Meta-analysis - PubMed \(nih.gov\)](#)

[Effects of Platelet-Rich Plasma in Tear Size Reduction in Partial-Thickness Tear of the Supraspinatus Tendon Compared to Corticosteroids Injection - PubMed \(nih.gov\)](#)

[Combined Biologic Augmentation Strategies with Collagen Patch Graft, Microfractures, and Platelet Concentrate Injections Improve Functional and Structural Outcomes of Arthroscopic Revision Rotator Cuff Repair - PubMed \(nih.gov\)](#)

Hand / Elbow

[Corticosteroid injections for the treatment of lateral epicondylitis are superior to platelet-rich plasma at 1 month but platelet-rich plasma is more effective at 6 months: an updated systematic review and meta-analysis of level 1 and 2 studies - PubMed \(nih.gov\)](#)

[Platelet-Rich Plasma Injection for Thumb Carpometacarpal Joint Osteoarthritis - PubMed \(nih.gov\)](#)

[Efficacy of Ultrasonic Tenotomy and Debridement and Platelet-Rich Plasma Injections for Lateral Elbow Tendinopathy - PubMed \(nih.gov\)](#)

[Effectiveness of Platelet-Rich Plasma for Lateral Epicondylitis: A Systematic Review and Meta-analysis Based on Achievement of Minimal Clinically Important Difference - PubMed \(nih.gov\)](#)

[A systematic review of the outcomes of partial ulnar collateral ligament tears of the elbow in athletes treated non-operatively with platelet-rich plasma injection - Anna M Ifarraguerrri, Alexander N Berk, Allison J Rao, David P Trofa, Christopher S Ahmad, Anthony Martin, James E Fleischli, Bryan M Saltzman, 2024 \(sagepub.com\)](#)

[Return to Sport After Ulnar Collateral Ligament Tears Treated with Platelet-Rich Plasma Injections is Influenced by Length of Rehabilitation and Leukocyte Content of Injections: A Systematic Review - PubMed \(nih.gov\)](#)

Spine

[The Safety and Effectiveness of Orthobiologic Injections for Discogenic Chronic Low Back Pain: A Multicenter Prospective, Crossover, Randomized Controlled Trial with 12 Months Follow-up - PubMed \(nih.gov\)](#)

[Application of platelet-rich plasma in spinal surgery - PubMed \(nih.gov\)](#)

[Biomedicines | Free Full-Text | Systematic Review of Platelet-Rich Plasma for Low Back Pain \(mdpi.com\)](#)

Single-Shot Plateletconcentration

[Comparison of Conventional Dose Versus Superdose Platelet-Rich Plasma for Knee Osteoarthritis: A Prospective, Triple-Blind, Randomized Clinical Trial - PubMed \(nih.gov\)](#)

[A Greater Platelet Dose May Yield Better Clinical Outcomes for Platelet-Rich Plasma in the Treatment of Knee Osteoarthritis: A Systematic Review \(sharepoint.com\)](#)